

Topic Summary

This commandment is given directly 8 times and indirectly 25 times in the Bible. Was Jesus ASSUMING that we all love ourselves? It might be easy to understand, "Love your neighbor," but what about loving yourself first, as it implies. Do we ever examine ourselves and ask how we do that?

Do you love yourself? How do you know? Are you confident in who you are or do you second guess yourself? Do you accept compliments or turn them down, rejecting the compliment, making excuses? Do you compare yourself to others, wishing you had the "perfect life" they appear to have?

This weekend we are going to explore what it means to love ourselves so we can love others. In "loving ourselves" first, we can learn to appreciate who God made us to be. Do you love yourself?



Kathy McSparin and Nancy Collins

Please direct all questions to

Nancy Collins at 610-349-6778, nancecol@ptd.net
or Kathy McSparin at 484-225-3078, kmcs826@gmail.com

More instructions and directions will be sent to all registrants.

*The 27th Annual Women's Retreat
at the Atlantic Sands Hotel and Conference Center, Rehoboth Beach, DE*



The 27th Annual Blue Mountain Community Church WOMEN'S RETREAT

at Rehoboth Beach, DE
May 17-19, 2024



— Matthew 22:37-39, "You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the great and foremost commandment. And the second is like it, You shall love your neighbor AS YOURSELF."

TOPIC: Loving With Strength and Dignity
(Proverbs 31:25)

*~ Delving into a deeper look at what it looks like to
love ourselves - so we can love others ~
with Nancy Collins & Kathy McSparin*

**at the Atlantic Sands Hotel and Conference Center
1 Baltimore Ave., Rehoboth Beach, DE**



Hotel Accommodations

The Atlantic Sands Hotel and Conference Center

- 1 Baltimore Ave., Rehoboth Beach, DE 19971

(Price for 2 nights/person, includes non-refundable retreat registration - \$122)

All rooms include a microwave, mini-refrigerator, and coffee maker.

All sessions will be held in this hotel in the Swan Ballroom. It is located on the boardwalk!

www.atlanticsandshotel.com | 302-227-2511

One per room - \$523

Two per room - \$322/person

Three per room - \$267/person

Four per room - \$239/person

Five per room - \$223/person

Additional nights - contact Nancy Collins for price - nancecol@ptd.net

NOTE - All rooms have 2 DOUBLE BEDS (not queen.)

- You may request to room next to other ladies and/or Ocean Front/Ocean View Rooms. Indicate that on your registration.
- Requests are not guaranteed (per hotel). Guaranteed rooms are made directly through the hotel and will not receive our group rate.

If other sleeping arrangements are made privately, there is a separate registration fee of \$122 payable with registration and not refundable.

New this year!

If shopping at the outlets and walking on the beach are not your thing, join Linda for a Craft Workshop. She will instruct you how to make this adorable angel.

Cost for materials is \$5. Add \$5 to your registration. Must be pre-registered to participate in this craft.



Things you need to know

Join the fun, fellowship, and spiritual refreshment on the Women's Retreat!

Sessions are planned starting Friday night at 8:00 PM through Sunday at Noon. There is plenty of free time on Saturday afternoon for shopping at the famous Rehoboth Beach Outlets or relaxing on the beach or join the Craft Workshop.

Retreat Registration includes:

- Welcome Gift and Snacks
- Light Continental Breakfast Saturday and Full Hot Breakfast Sunday Morning (as requested by attendees last year!)
- Saturday lunch
- Session Packet
- "On Time" door prizes
- And much more!

This retreat is a time for ladies to get away to refresh and experience what God has in store for them. Thank you for not bringing babies, toddlers, or daughters under 16.

NEW this year - Online Registration by credit card

Log into: <https://bmcc.breezechms.com/form/47833f>

